



Spry Publishing and Leighann Calentine Put *Kids First, Diabetes Second*

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Leighann Calentine of *D-Mom Blog* has signed with Spry Publishing to produce a book for parents and caregivers of children with diabetes. Slated to release spring 2012, *Kids First, Diabetes Second* will explore the many challenges surrounding raising a child with a chronic health condition.

Author Leighann Calentine's daughter Quinn was diagnosed with type 1 diabetes in 2008 at the age of three. Leighann then began sharing her family's experiences online on what later became *D-Mom Blog*. Today, *D-Mom Blog* is an influential online resource for families and caregivers of children with diabetes. Leighann is a respected health blogger and diabetes advocate, who was recently recognized as one of the 10 most influential people currently within the diabetes online community by SharecareNow's online analytics and insights service.

Followers of *D-Mom Blog* will recognize Leighann's practical, motivational approach throughout the pages of *Kids First, Diabetes Second*. Leighann presents her firsthand experiences—successes and challenges—and shares strategies that have worked for her family. The book addresses the most important questions and issues that affect children with diabetes. Topics include the initial diagnosis, diabetes management 101, getting into a rhythm, navigating mealtime, school situations, sick days, establishing a support system, and much more.

Diabetes affects 25.8 million people in the United States, or 8.3 percent of the U.S. population. Of those cases, about 215,000 are people younger than 20 years of age. For each of those young people, there is a family or other caregivers who will help them learn to manage their condition. *Kids First, Diabetes Second* strives to empower those families and caregivers to provide happier and healthier lives to children with diabetes everywhere.

ABOUT SPRY PUBLISHING

Spry Publishing offers a wide range of publishing services that pertain to an overall goal of helping individuals, businesses, and organizations excel by improving the spread of knowledge. Specializing in unique and informative patient education books by the world's preeminent health care professionals, Spry Publishing produces media of outstanding quality and usefulness.

To receive more information about *Kids First, Diabetes Second*, Leighann Calentine, or Spry Publishing, please contact:

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